

Supported Return to Training



S - S T A G
SUPPORT
SHIELDING
TRAINEES
ADVISORY
GROUP

Resources for Shielding Trainees

RESOURCE HUB

OVERVIEW

During the Covid-19 pandemic those classed as clinically extremely vulnerable have been advised to take additional action to avoid exposure to the virus through strict social-distancing measures and “shielding”.

Shielding doctors and other vulnerable groups face a potentially prolonged period away from clinical aspects of training and it is important to consider resources and alternative methods of maintaining knowledge, skills and wellbeing support during this time.

This is a collection of online resources and guidance for trainees who are shielding due to the Covid-19 pandemic.

SHIELDING RESOURCES

[HEE - Guidance for managing postgraduate medical trainees who are shielded due to COVID-19](#)

[NHS Employers Guidance](#)

[NHS Employers Guidance - Supporting Staff to Return to the Workplace](#)

[BMA Briefing - Supporting Shielding Staff to Return to the Workplace](#)

[NHS People - Shielding and Returning to Work](#)

[School of Occupational Medicine Guidance](#)

[AAGBI - Maximise your time while shielding](#)

[BMJ - How can I make the most of my time shielding?](#)

[BMJ - How can I make the most of working from home?](#)

[PPE in Healthcare - Guidance and Advice](#)

[BMA - Risk Assessment](#)

WELLBEING RESOURCES

[Practitioner Health Programme - Confidential Doctor Psychoeducation and Support Service \(England\)](#)

[BMA Counselling and Peer Support 24/7 Service](#)

[COVID19 An emotional and psychological survival guide](#)

[HEE PSU Pandemic Podcast Series](#)

[HEE - Webinar Series for those Returning During the Pandemic](#)

SPECIALTY SPECIFIC SHIELDING RESOURCES

[Royal College of Radiologists](#)

[British Geriatrics Society - COVID-19: Trainees FAQs](#)

[Risk to health from COVID-19 for anaesthetists and intensivists – a narrative review](#)

[Association of Anaesthetists of Great Britain and Ireland \(AAGBI\) webinar - Impact of shielding on Anaesthetists. Time point: 1:04:45](#)

[Anaesthetics Podcast - Special Agents of Shield](#)

EDUCATIONAL RESOURCES

[HEE - Webinar Series for those Returning During the Pandemic](#)

[HEE PSU Pandemic Podcast Series](#)

[Evidence-based advice for difficult conversations](#)

SUPPORT NETWORKS

Facebook

[Shielding Healthcare Workers](#)

Twitter

[@ShieldingDrs](#)

IN THE PRESS

[Results from National Survey of Shielding Doctors - Association of Anaesthetists](#)

[BMJ - Shielding Doctors Express Concern](#)

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