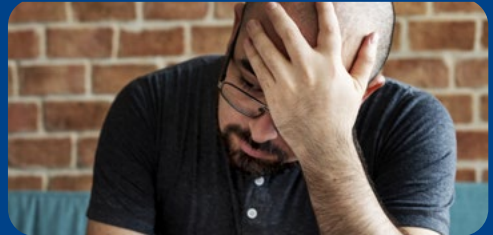


Are you suffering with possible symptoms of trauma?

The RCN Counselling Service is offering trauma-focused therapy to RCN members.

If you have experienced a traumatic incident and would like to discuss whether the RCN Counselling Service could help you, please call the RCN telephone helpline on **0345 772 6100**.



The RCN Counselling Service will offer a person-centred assessment and, if applicable, offer trauma-focused therapy with one of our accredited counsellors.

Depending on need, we will offer eight to twelve individual sessions as recommended by NICE guidelines.

We currently have funding to January 2022 and access to trauma-focused therapy is on a “first come, first served” basis.

This service has been made possible by the COVID-19 Healthcare Support Appeal, which funds projects to support health and care workers affected by the COVID-19 pandemic.