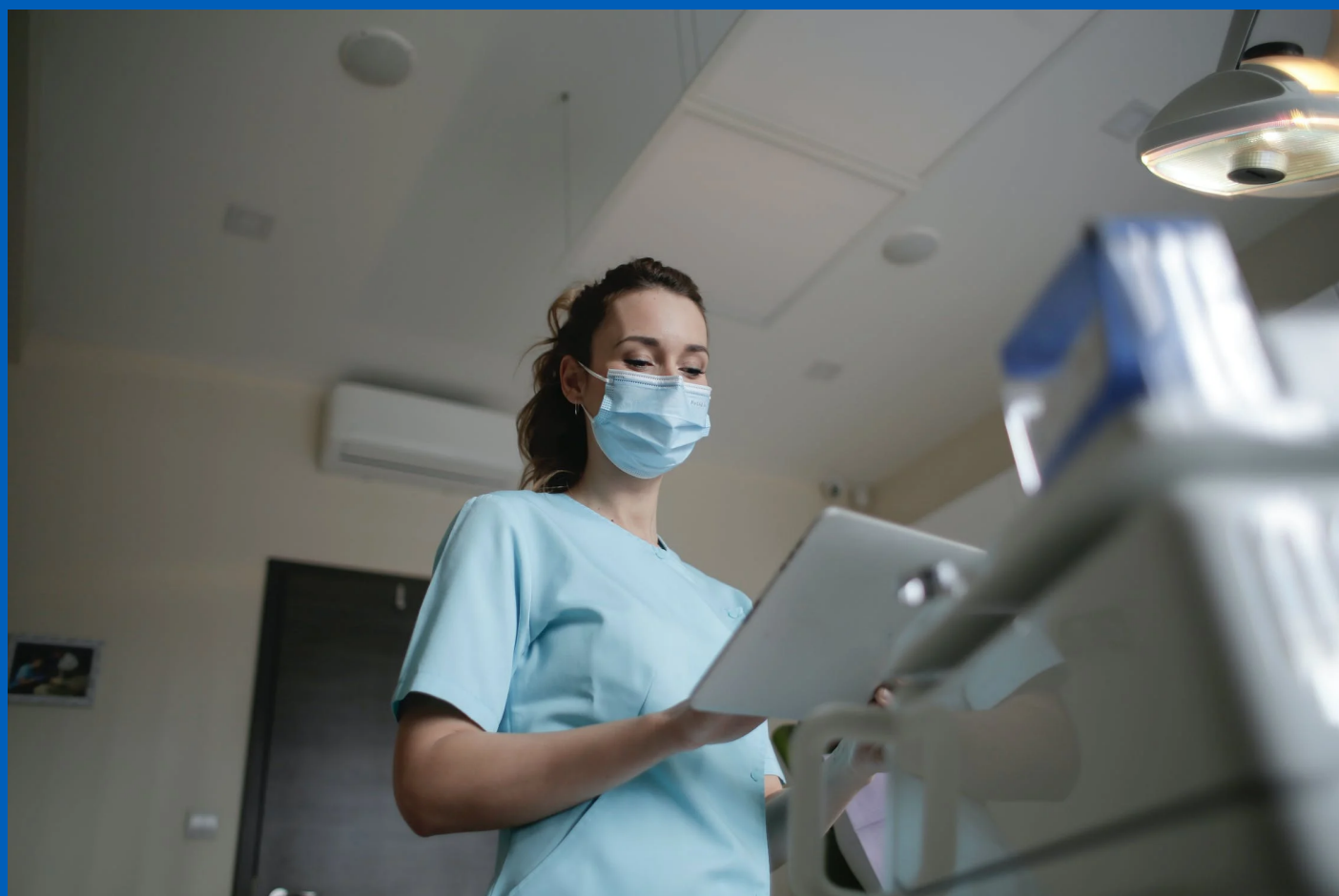


Trainee Bulletin

London School of Anaesthesia

October 2023



Hello & Welcome

In this bulletin, you will find updates on:

- HoS and DOS update
- School resources
- Regional Training Days & Exam Courses
- Events
- Trainee Rep Updates
- HEE updates
- LTFT
- ARCP
- Recruitment
- Intenstions Survey
- RCOA Update
- NL STC Feedback

Introduction

Welcome to the October edition of the London School of Anaesthesia bulletin.

We would like to apologise for sending out the incorrect version of the October bulletin previously and have made changes to this month's bulletin. Apologies for any inconvenience it may have caused.

Going forward we aim to circulate this bulletin the first Wednesday of every month to keep all trainees and trainers informed of everything that is happening within the school and with NHS England.

The content of the bulletin will vary from edition to edition depending on what is happening with the school. If you want to include any submissions, please email them to the HET Anaesthetics team. A copy of each bulletin will be uploaded to the London School of Anaesthesia website under the tab titled trainee bulletin.

HoS and DOS updates

Thank you to Harriet Scott, Daisy Riddle and Mina Arsanious who have stepped down as trainee reps for NE rotations. We have really appreciated their input into improving the school and we wish them all the best in their onward careers.

Best Wishes,
Aasifa



London School Anaesthesia
Head of School- Dr Aasifa Tredray
Deputy Head of School – Adrienne Stewart & Carlos Kidel

London Anaesthesia Specialty Training Committees (STC)

North London Anaesthetic Programme			South London Anaesthetic Programme	
North West TPDs	North Central TPDs	North East TPDs	South East TPDs	South West TPDs
Ruth Bedson(S1) Phillip Peel(S2) Amardeep Riyat (S3)	Abigail Whiteman(S1) Kate Sherratt(S2) Trudi Young(S3)	Naomi Hancox(S1) Stephen Hallworth (S2 & S3)	Marina Choudhury(S1) Dev Mahtani (S2 & S3)	Dr Adam Shonfeld (S1) Daniela Mathew(S2) Anna Walton(S3)
Regional Advisor - Sian Jagger	Regional Advisor- Sonia Brocklesby	Regional Advisor- Roger Cordery	Regional Advisor- Oliver Rose	Regional Advisor – Rene Suite
Pan London and KSS Advanced Pain Training- London and KSS Pain Training Advisory Group (LKPTAG) Pain Training Programme Director- Fauzia Hasnie Faculty of Pain Medicine Regional Advisors- North London: Ashish Shetty, South London and KSS: Sandesha Kothari				
Pan London Anaesthetic Educational Delivery TPDs – Gunjeet Dua, Emilie Martinoni Hoogenboom				
Pan London Anaesthetic Simulation Leads – Janis Ferns, Ching Pang				
Pan London Anaesthetic Academic Training Programme Director – Gudrun Kunst				
Pan London Anaesthetic Less Than Full Time Training Advisor and SRTT Champion – Anna Fowler				
School Trainee Reps and HEE Education Fellows				
Pan London HEE Funded Anaesthesia Associate Training Programme - AA Training Lead – Dan Heaton, AA Ambassador – Frances Marfleet				
Anaesthetics Health Education Team				
Service Delivery Manager (SDM)- Titalayo Akintoye, Operations Manager (OM) - Jessica Banks-Cromack ICM and KSS Officer - Deborah Bunce				
Email: anaes.lase@hee.nhs.uk (trainer enquires), PSP link: https://lasepgmdesupport.hee.nhs.uk/support/home (trainee enquiries)				
North London Anaesthetic Programme North London Officer – Kelvin Carrasco Administrators - Ben Owusu-Ansah (NE & NW), Mubeen Akhtar (NC)			South London Anaesthetic Programme South London and Pain Officer - Claire Bowden South London Administrator - Mohammed Rayhan (Rayhan)	

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days, ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia>

London And South East Support Portal

<https://lasepgmdesupport.hee.nhs.uk/support/home>

For curriculum, LLP, and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link: <https://lasepgmdesupport.hee.nhs.uk/support/home> (trainee enquiries)

REGIONAL TRAINING Days

Training days are all advertised on the website here so please [check the website regularly](#):

<https://london.hee.nhs.uk/specialty-schools/anaesthesia/regional-training-days>

Trainees should attend training days that they feel are appropriate for their level. Virtual events are generally open Pan-London.

You can find the HEE Events Training calendar here:

<https://london.hee.nhs.uk/calendar4>

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region. For Sub Specialty please ensure you select Not Applicable.

Specialty

Suitable for all specialties
ACCS
Anaesthetics
Clinical Oncology
Clinical Radiology
Dental
General Practice
Emergency Medicine

Sub Specialty

Suitable for all sub specialties
Not Applicable
Acute Internal Medicine
Allergy
Audiological medicine
Cardiology
Cardio-thoracic surgery
Chemical pathology & metabolic medicine

Suitable for

Trainees

Region

North West London
North Central and East London
South London
Pan-London

Date rang

-Month

-Month

Regional Training Days & Exam Courses

We would like to welcome all new trainees to the School of Anaesthesia! We organise a wide educational programme, covering aspects of the curriculum.

You can find more information and links to register to the RTDs and to other courses such as exam courses, on the following link on the London School of Anaesthesia website: <https://london.hee.nhs.uk/specialty-schools/anaesthesia/regional-training-days>

For any queries related to RTDs please contact Dr Emilie Martinoni Hoogenboom and Dr Gunjeet Dua.

RESOURCE FOR NOVICES

Hello Novices and a very warm welcome to the world of anaesthetics. Congratulations on making it to the speciality for those doing anaesthetics, ICM, ED or Acute Med!

Eoin Dore, an anaesthetic registrar working in Thames Valley and colleague Duncan Kemp have created the NovPod: a beginners guide to anaesthetics. It is near peer coffee room level conversation designed to improve your novice training experience. The 15 episodes will cover everything from first day to induction to wellbeing. Duncan and Eoin have designed, produced and edited

this and launched this in association with the RCoA. We have a variety of guests of ranging from a novice, a professional comedian who is also an ED trainee and the RCoA President Fiona Donald!

There will be 3 batch releases the first is out on Spotify, Apple Podcasts and wherever you get your podcasts. It is designed to run alongside with the newly revamped [Novice guide](#). Please check that out. In the episode description we have included a lot of useful jump off points. If you feel there is any missing let us know! Contact info at the bottom!

Episode Structure

Batch 1: *Introduction to NovPod, First Day, Preassessment, Preparing your theatre, Anaesthetic Plan and Drugs Part 1.*

Batch 2: *Induction and airways, Maintenance and Emergence, the Recovery Room, Anaesthetic Emergencies, On calls for the Novice and Drugs Part 2.*

Batch 3: *Completing the IAC, Wellbeing for the Novice and Life After the IAC.*

Hello,

We are running a Primary FRCA Mock OSCE course at Walsall Manor Hospital on Saturday, 21st October 2023 between 08:00 and 17:00. The course will consist of 2 full practice OSCEs (32 stations), as well as tips for OSCE success. It will cost £175.

The course received excellent feedback when it was last run.

Please book here if you are interested: <https://www.thewhea.co.uk/gic> or get in touch with Ranvir Cheema (ranvir.cheema@nhs.net) if you have any questions.

Thank you and we hope to see you on the course.

Kind regards,

Dr S. Nazir and Dr A. Kuravi

Consultant Anaesthetists/ Course Directors- Walsall Primary FRCA OSCE Course

Walsall Healthcare NHS Trust

Walsall Manor Hospital, Moat Rd, Walsall WS2 9PS

Course booking link: <https://www.thewhea.co.uk/gic>

Email: samir.nazir1@nhs.net

Care, Colleagues, Collaboration and Communities

FAO Applicants to ST4 Anaesthetics

Dear All,

Registrations are now open for the next **ST4 Anaesthetics Interviews course** held at **the RCoA**.

Back for a 5th time, this year we are offering two types of courses:

1-day Fundamentals Course - 1st February 2024
2-day Flagship Course - 1st & 2nd February 2024

For more information and to book please
visit www.higheranaestheticsinterviews.com

With best wishes,

Stefanos Ioannidis ST6 Anaesthetics, London School of Anaesthesia

(NC)
Yun Mei Lau ST6 Anaesthetics, London School of Anaesthesia (NC)

Career support courses for anaesthesia trainees

Pan London event for trainees of all stages taking place on 12th January 2024 and 15th February 2024. Kindly click on the link to book a place. Event is open for 20 people. Venue to be confirmed.

12th January 2024 - <https://lasepgmdevents.hee.nhs.uk/events/regional-training-days/94fd74c4-0a59-4b9c-992a-c1bfe6dbed17>

London School of Anaesthesia Personal and Professional Effectiveness - Managing Your Career

Summary of workshop

Our workshop on Personal and Professional Effectiveness will equip participants with practical tools to manage their career effectively. Led by experienced NHS doctors, this course is designed to help participants assess their work values, evaluate career options, and develop a career action plan.

What will be covered?

During this one-day workshop, participants will have the opportunity to:

- Complete self-assessment exercises to evaluate your work values, achievements, skills and interests, stresses, and strains, and role models
- Explore career options using the ROADS model (Realistic, Opportunities, Anchors, Development, and Stress) to explore potential career paths and evaluate their suitability
- Learn informed decision-making strategies to help participants weigh the pros and cons of different career options and make difficult decisions
- Develop a career action plan to set goals and priorities for your career development
- Learn goal-setting and progress-tracking strategies to maintain motivation and focus on your career goals

Led by experienced doctors who have a wealth of knowledge and expertise in managing careers, this course is designed to provide practical guidance and support to help participants take charge of their professional development.

Who is it for?

Postgraduate doctors, SAS, local employed doctors, consultants, and allied healthcare professionals.



Friday 12th January 2024

Start: 9:30 (Doors open 9:15)
Finish: 3:30

Location: Face to Face

Breaks: Coffee 10:45, Lunch 12:30 - 1:15,
Tea 2:30

Please book with your local centre



DoctorsTraining is a collaboration of senior doctors in postgraduate medical education, executive coaches, and experienced medical leaders.

We provide space to think, time to share ideas and an opportunity to learn with fellow professionals.

We are authentic, highly credible, and passionate about supporting the current and future NHS workforce

#smallchanges-bigimpact

Meet the team

"An expert presentation on resilience and how to motivate ourselves post-pandemic to a Surgical Congress. Simon has a wonderful reflective style of presenting, thought-provoking and useful to the audience. Fantastic feedback and I would love to have Simon back again to provide more talks. Very professional, useful and highly recommended."

Mr Christian Macutkiewicz
Consultant Surgeon
Association Surgeons
Great Britain and Ireland (ASGBI)

15th February 2024 - <https://lasepgmdevents.hee.nhs.uk/events/regional-training-days/719f445e-d20d-4e50-8fef-a6e318978599>

London School of Anaesthesia Personal and Professional Effectiveness - Time Management and Work Life Balance

Summary of workshop

This workshop is designed to equip professionals with practical strategies to improve productivity and reduce stress. This course will provide valuable insights into how to manage energy, create boundaries between work and home, and explore strategies for more productive working.

What will be covered?

- Learn how to manage your energy, not just your time, to increase productivity and effectiveness at work
- Explore work-life balance and create boundaries between work and home to maintain a healthy work-life balance
- Reserve some 'thinking time' to help you reflect and recharge
- Explore strategies for more productive working and reduce procrastination
- Grant yourself permission to have a 'not to do list' to help you focus on the most important tasks

Led by experienced NHS doctors who have a deep understanding of the unique challenges faced by healthcare professionals, this course is designed to provide practical guidance and support to help participants prioritise their workload and manage their time more effectively. By participating in this workshop, participants will gain valuable insights into how to manage their energy, set realistic boundaries, and improve their personal and professional effectiveness at work.

Who is it for?

Postgraduate doctors, SAS, local employed doctors, consultants, and allied healthcare professionals.



Thursday 15th February 2023

Start: 9:30 (Doors open 9:15)
Finish: 3:30

Location: Face to Face

Breaks: Coffee 10:45, Lunch 12:30 - 1:15,
Tea 2:30

Please book with your local centre



DoctorsTraining is a collaboration of senior doctors in postgraduate medical education, executive coaches, and experienced medical leaders.

We provide space to think, share ideas and to learn with fellow professionals.

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Meet the team

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Mr Christian Macutkiewicz
Consultant Surgeon
Association Surgeons
Great Britain and Ireland (ASGBI)

N.A.T

Neonatal Airway Training Course

Course Date: 12th March 2024

Location: Great Ormond Street Hospital Clinical Simulation Centre.

Cost: £200 for internal and external candidates

How to sign up: <https://courses.gosh.org/event/NATMarch24> or scan the QR code.

Please email simulation@gosh.nhs.uk for support if you have issues signing up.



Do you have to manage a neonatal airway?



Do you want more confidence with difficult neonatal airways and tracheostomies?

Enthusiastic & experienced faculty of paediatric anaesthetists, neonatologists and tracheostomy team.

Basic & advanced airway skills
Small group approach

All levels of paediatricians/anaesthetists welcome; from feedback, course ideal for paediatricians ST4-7 and anaesthetists ST3-5

6 CPD points



"RCPC has approved this activity for CPD in accordance with the current RCPCH CPD Guidelines."

Events

RAFT National Research Project

Dear all,

We are emailing you the London schools of anaesthesia TPDs, college tutors and trainee representatives to tell you about the 4th RAFT national research project - The POPPY Study. RAFT is the national body that links all UK Trainee

Research Networks (TRNs) together and we are affiliated with the NIAA, HSRC and POMCTN at the RCoA with TRN activities included in the 2021 RCoA curriculum.

The POPPY Study is a multicentre prospective observational cohort study looking at pain, opiate use and recovery following day case surgery. It is a trainee lead NIHR portfolio study affiliated with the NIHR Associate PI Scheme. We think this is an excellent opportunity for anaesthetic trainees and their counterparts to get involved with an exciting research project, develop research skills and achieve curriculum goals. We would very much appreciate it if you would pass on the information below to your colleagues and support trainees in taking SPA/EDT/study leave to take part with the study. We have attached a list of sites within your deanery who have registered with the POPPY study and the corresponding PIs.

Kind regards,

The RAFT committee

RAFTnetwork@outlook.com

Viva Practice for Anaesthesia South London Trainees

Dear all,

We hope you are all well.

ASLEEP (Anaesthesia South London Education & Examination Programme), has for a number of years been providing regular, free viva practice for Anaesthesia South London trainees.

We currently need examiners for Primary FRCA practice viva sessions in April and May and (Commencing 10th October for the sittings starting November 6th). If you can help, please go to:

<https://doodle.com/meeting/participate/id/ax1ZX1rb>

and sign up for the dates that you can assist with. Please make sure we have an up-to-date email address for you (you can email us at asleepuk@gmail.com if we don't already have it.)

The viva sessions will run from 6-8pm on Tuesdays and Thursdays and will be done via Microsoft Teams.

We will organise the groups so the maximum examiner to candidate ratio will be one to four (and hopefully lower).

We have official certificates which can be used for ARCP purposes.

Thanks for your continued support and best wishes,

Ade

Dr Ade Ayeni

Consultant Anaesthetist

GSTT

ASLEEP Primary Viva Lead

Anaesthetics Sustainability Symposium

Dear South London School of Anaesthesia

We are organising an Anaesthetics Sustainability symposium half day event on the 18th December (13:30-16:30) and want to advertise it to all trainees in South London schools of anaesthesia. We will have a programme that can be circulated and the event will be face to face for 20-30 trainees.

Please could I have some support in communicating this event.

Many thanks

Alice Loughnan

alice.loughnan@gstt.nhs.uk

Update from Local Trainee Network

Hi everyone, Just a short update from your local Trainee Network Lead for the Association of Anaesthetists Trainee Committee from the most recent meeting.

1. We are looking into reasons why doctors leave anaesthesia as a specialty so that these reasons can inform what we, as an Association of Anaesthetists lobby for, within the national area. In this context, the Association has published our first ever manifesto for the next General elections [Association of Anaesthetists Manifesto.pdf](#), setting out what we would like to see from the next Government; in short:

1. Make the NHS a competitive and attractive place to work;
2. Produce regular reports to show progress against latest workforce plans;
3. Address recruitment difficulties;
4. Address retention difficulties;
5. Ensure Anaesthesia Associates are a properly regulated and assessed addition to an expanded medical anaesthetic workforce;
6. Include anaesthetists in policy discussions and development from the start of the process.

2. Thank you to all those who contributed to the Inequalities in Training survey; the results of which are being analysed and will be published soon

3. Preparations are under way for the upcoming Trainee Conference, which will be held on **27-28th June June in Glasgow**. We have some exciting speakers and activities lined up so watch this space!

4. Our upcoming Coffee and a Gas podcast is due to be released soon; it is an interview with Dr Ben Cahill, and he will be talking to us about anaesthetics training in Australia.

Hope you are well, and see you around

Alice Harry

Trainee Network Lead

Association of Anaesthetists

Trainee rep updates

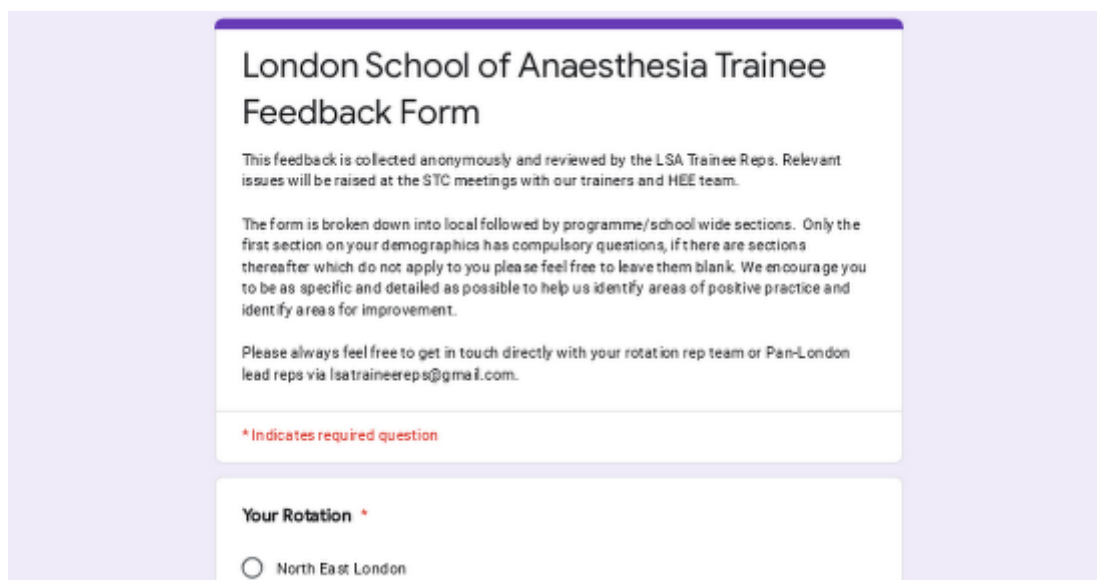
Dear All,

We are collecting your feedback ahead of the STC Meeting in November. We do this so the trainee reps can best represent you to highlight areas of positive practice and address areas for improvement/change.

We appreciate that you are asked to provide feedback by several different organisations. The advantage of this feedback is that it will come directly to us, allowing us to action it promptly.

Please complete the following anonymous form by 1st November 2023, ahead of the STC Meetings later in the month. Please be as specific and detailed as you can. We will feedback the outcomes of STC discussions back to you in future editions of the bulletin.

Link to survey: <https://forms.gle/ykhp6sAZa51YJLZ8>



London School of Anaesthesia Trainee Feedback Form

This feedback is collected anonymously and reviewed by the LSA Trainee Reps. Relevant issues will be raised at the STC meetings with our trainers and HEE team.

The form is broken down into local followed by programme/school wide sections. Only the first section on your demographics has compulsory questions, if there are sections thereafter which do not apply to you please feel free to leave them blank. We encourage you to be as specific and detailed as possible to help us identify areas of positive practice and identify areas for improvement.

Please always feel free to get in touch directly with your rotation rep team or Pan-London lead reps via lsatraineereps@gmail.com.

* Indicates required question

Your Rotation *

North East London

[London School of Anaesthesia Trainee Feedback Form](https://forms.gle/ykhp6sAZa51YJLZ8)

This feedback is collected anonymously and reviewed by the LSA Trainee Reps. Relevant issues will be raised at the STC meetings with our trainers and HEE team. The form is broken down into local followed by programme/school wide sections. Only the first section on your demographics has compulsory questions, if there are sections thereafter which do not apply to you please feel free to leave them blank. We encourage you to be as specific and detailed as possible to help us identify areas of positive practice and identify areas for improvement. Please always feel free to get in touch directly with your rotation rep team or Pan-London lead reps via lsatraineereps@gmail.com.

Many thanks,
Jonny & Rana
Lead Trainee Reps for NLAP & SLAP

LTFT

Following the removal of LTFT categories and central comms, you can find all the latest information on LTFT eligibility, when to apply and the form via the PGMDE portal FAQs here:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/folders/7000009142>

For specific timelines and information of windows you need to apply in, please refer to this FAQ:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period->

***Please note you can only apply for LTFT, under the below grounds, within the windows for your rotation Month:**

- Welfare and wellbeing
- Unique opportunities
- Religious commitment
- Non-medical development
- Flexibility for training and career development

Please ensure you discuss all applications with your TPD prior to submitting your application form.

Notice period for LTFT: 16weeks for grounds you can apply for throughout the year, and within the rotation windows for the remaining grounds above.

ARCP

Upcoming Anaesthetics ARCP workshop open to PAN London and all grades.

(Pan London, Anaesthetics, RTD) London School of Anaesthesia - Trainee and Trainer ARCP workshop

Thursday 9th November 2023

Please click link below to register

<https://lasepgmdeevents.hee.nhs.uk/events/regional-training-days/2f2679b1-a6ac-49a0-9758-a1a5d058c804>

Winter ARCP dates

South East	Monday 15th January 2024
South West	Monday 29th January 2024
North West	Friday 12th January 2024
North Central	Thursday 18th January 2024
North East	Thursday 18th January 2024

Recruitment

Anaesthetics Recruitment

For specific recruitment round information please follow the link to the ANRO website here: <https://anro.wm.hee.nhs.uk/>

For Feb2024 starters ST4 recruitment applications have now closed and interviews are due to take place between 11th-19th October.

For LDN we have advertised for a total of 16 posts within North London. This is within our usual annual range for Feb starters.

August 2024 recruitment numbers are still being finalised and the full timelines can be found on the ANRO weblink above.

LSA Fellows

Dear Anaes trainees,

The Anaesthetics programme will be advertising 2 exciting education fellowship opportunities to commence from May 2024. These can be undertaken as either OOP or LTFT. Please let your relevant stage TPD know asap if you are considering applying so they can support any OOP/LTFT application with plenty of notice in line with the 6 months notice period.

For LTFT please apply under one of the following criteria:

- Unique Opportunities
- Flexibility for training and career development

For further information regarding the fellowships please contact:

Education:

Dr Gunjeet Dua - gunjeet.dua@nhs.net

Dr Emilie Hoogenboom - emilie.hoogenboom@nhs.net

Simulation:

Dr Janis Ferns - janis.ferns1@nhs.net

Dr Ching Pang - c.pang@nhs.net

Kind regards

Dr Aasifa Tredray MBChB FRCA
Head of the School
London School of Anaesthesia

Intentions Survey

Intention surveys for Core and Higher trainees applying for HST Anaes & Dual Training

Dear All,

In order to assist the London School of Anaesthesia and London School of ICM and your TPDs with forward planning, please could we ask you to complete the below short form to scope your future intentions for training from August 2024-July2025.

Please note the deadline to complete this form is Sunday 29th October.

Core Training Career Intentions: FAO: ACCS Anaes CT4s & Core Anaes CT2 & CT3s: https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUN1E0MVFISjdCUFpHTUNNOTE3WjhRUKxERi4u

Career Intentions Survey for Higher Specialist Training Anaesthesia & ICM:
FAO: Current Stage 2 Anaesthetic trainees:
https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABURDJDR0gwN UJVT0RUM0xGUVpON0dGOEJIQI4u

Kind regards

HET Team

RCOA Update

RCOA Managing CCT dates update:

It has been agreed that the calculation of completion of training dates for trainees will no longer be undertaken by the Training team; this responsibility will pass to Schools of Anaesthesia, normally Training Programme Directors (TPDs). [You can read about the full process here.](#)

Why is this changing?

TPDs and schools currently calculate CCT dates as part of planning rotations for trainees. In addition, the Training team has seen a significant increase in requests to calculate CCT dates, which has led to delayed responses. To avoid duplicating work and in an aim to respond more quickly to outstanding requests, this will shift the responsibility of setting dates back to TPDs and schools. This change aims to streamline the process of managing completion dates and reduce the email burden on TPDs.

What is changing?

TPDs and schools of anaesthesia will set a trainee's CCT date and will communicate this to the Training team via the ARCP outcome form on the Lifelong Learning Platform. A Higher Specialty Trainee needs to complete 48 months (WTE) of specialty training unless specific changes are approved due recognition of prior learning or advancement of CCT date. These should be agreed with the College in advance and any changes to this should be recorded clearly on the ARCP outcome form. Changes in CCT date may also be due to an OOPE/P/C, changes to LTFT %, maternity leave, extensions to training, outcome 5s or 3s, etc.

The Training team will continue to quality assure the time spent and capabilities achieved in training and will review all ARCP outcome forms to check for any changes to the CCT date. If the reasons are clear and well documented on the ARCP form, the Training team will accept this change,

update the trainee's LLP record and there will be no further action needed. If the reasons are unclear, the Training team will email the TPD for clarification.

Requests that are currently with the Training team will be dealt with as soon as possible and the trainee's CCT date will be updated on the LLP. Please bear with us as we are experiencing a busy period with new starters and CCT recommendations.

Support from the College

The Training team will continue to support TPDs and schools with the calculation of CCT dates. A spreadsheet calculator is available for use by TPDs, admins and trainees to plan a training timeline. [You can find it here, along with detailed guidance on how to use it.](#)

The Training team will also continue to calculate CCT dates as part of certain College approvals such as advancement of CCT dates, OOPT/Rs, counting experience from outside a training programme, etc.

[Read more about the process and exceptions on our website.](#)

What are the next steps?

As of now, a TPD or school of anaesthesia will set the trainee's CCT date at the ARCP via the LLP, rather than requesting the Training team to calculate the date. [The exceptions to this are outlined in the detailed guidance.](#)

NL STC Feedback

Please click the link below to view feedback to trainees from the June 2023 North London STC meeting:

[June 2023 STC Trainee Feedback Response](#)

If you have any questions or queries, please do get in touch with the HET team here at HEE, either [via the PSP portal](#) or [School line](#) below

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

[Healthcare Education Team, London and Kent, Surrey and Sussex](#)

Health Education England

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



[Contact Us](#) [Privacy Policy](#)

Health Education England

1st Floor | Blenheim House | Duncombe Street | Leeds | LS1 4PL

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