



NHS England's Enhancing Generalist Skills programme

'The aim of enhance is to equip all healthcare professionals with the additional generalist skills required to deliver excellent person-centred care across the evolving complexities





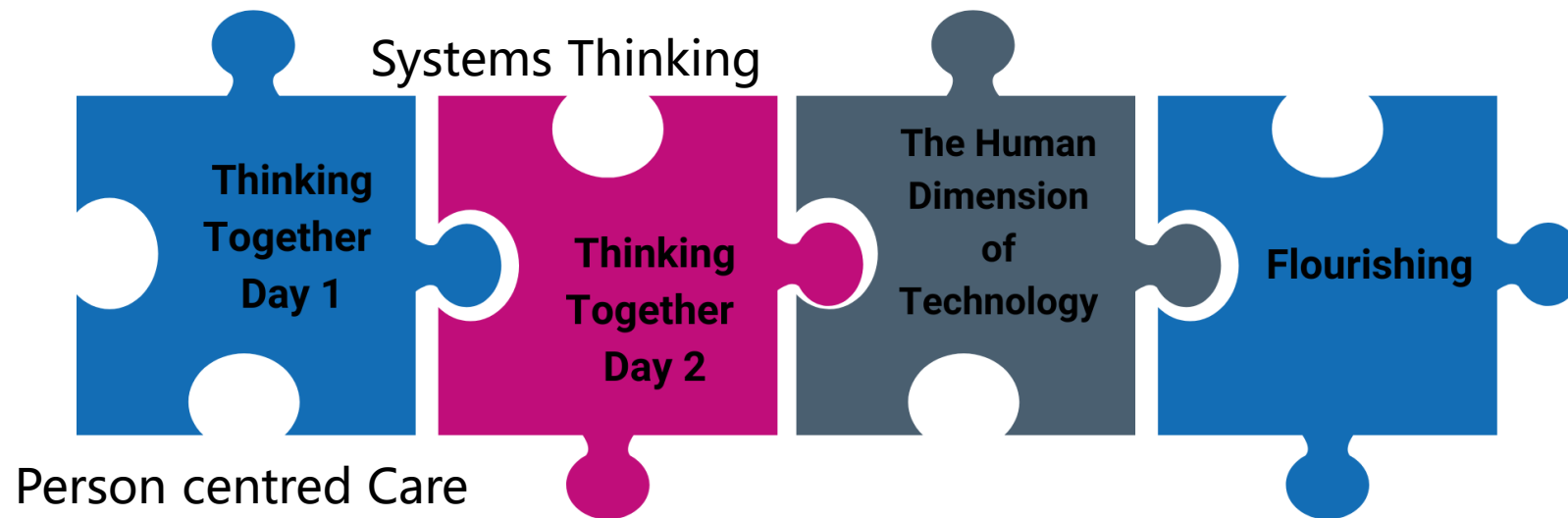
Medical generalism is, at root, a way of thinking and acting as a health professional and, more than that, a way of looking at the world. It is possible to be a generalist in any speciality or profession and, equally, it is possible to work as a GP without being a true generalist. The essential quality is that the generalist sees health and ill-health in the context of people's wider lives, recognising and accepting wide variation in the way those lives are lived, and in the context of the whole person" *RCGP and Health Foundation 2011*

Some context –why is generalism important?

- There is a rising demand for health services due to an ageing population. The number of people living with long-term conditions is set to increase, with more individuals managing multiple conditions and more complexity.
- We are not redressing inequality –there is a 15-20yr difference in healthy life expectancy between the richest and poorest in the UK
- For the past decade, workforce growth has not kept up with the increasing demands on the NHS. Much of this demand is generated by failure within the system. Generalism can help to address this.
- The NHS accounts for **approximately 5.4% of the UK's carbon emissions annually** – this is the same amount as all the flights that leave Heathrow airport each year. Generalist approaches can help to reduce the impact of healthcare on the environment.

The Thinking Together Programme

London's Regional Trailblazer offer



Person centred care



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graph TD; A[Person centred care] --> B[Better care of complex multimorbidity]; B --> C[Better population health]; C --> D[Reducing social injustice]; D --> E[Improved sustainability];
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Better care of complex multimorbidity

Better population health

Reducing social injustice

Improved sustainability

The Thinking Together Programme

Open to all resident doctors and multiprofessional clinicians

A chance to:

Come together with colleagues to think about how we can reshape healthcare locally so that it is more sustainable, more person centred, fairer and more effective.

Hear from Trust based clinical leaders about existing work that is occurring and how you can be part of it.

Understand more about the six domains of generalism in four in-person, interactive teaching days where you will have the opportunity to connect with colleagues from many specialties and professions.



The Thinking Together Programme

Open to all trainees and multiprofessional clinicians

Day 1: Person centred approaches to healthcare with patients with lived experience

Day 2: System-wide causes for health inequalities, approaches to population health, failure demand, sustainability. Meet local healthcare leaders. Intro to potential QiP

Day 3: Showcasing existing work from the Trust. Thinking about new projects that help to redress health inequalities, failure demand and coordinated management of complex multimorbidity

Day 4: Flourishing –by practicing in accordance with values and avoiding moral injury

Trust based programme and QI done in collaboration with local clinical leaders



Insights into higher ideals , sense of community with others who hope to improve healthcare

Connecting with people who feel and think the same.

The space to connect with other like minded doctors who care about the things medicine often teaches you is 'soft' when really it's worth being passionate about!

It's been inspiring to know what else I can do in my practice in future to improve the life of patients beyond just the knowledge of their diseases

Constructive, uplifting, difficult to ignore

Really empowering programme teaching us a lot about social injustice, lived experience, health inequalities and communication