

# King's College Hospital

King's

## GP Vocational Training Scheme

### Key Contacts

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**Kings College Hospital** is a world class, teaching hospital serving a diverse, inner city community.

We are situated in Camberwell, near Denmark Hill station, and served by many bus and train routes. We have over 60 trainees joining from across London to attend our scheme with 19 new starters every August



September 2022 Away Day, Tunbridge Wells

**Our GP scheme has been running for many years** and we are the largest training department within the hospital! Trainees spend 12 months of their 3 year training undertaking hospital specialities within Kings and the Maudsley hospital.

### Overview of Scheme

GP ST 1 or 2		GP ST 3
12 months hospital based 4 month posts	12 months GP & GP plus or ITP (community based) 6 month posts	12 months GP placement 12 month posts



## Hospital Posts

The hospital year (which can be either ST1/2) will be made up of 3 x 4 month posts – a mixture of 3 placements includes psychiatry, O&G, GUM, paediatrics, elderly care and A&E. The paediatric posts all have 2 weeks spent in community paediatric clinics which always receives excellent feedback. Psychiatry experience is provided by South London and the Maudsley and may either be in the Maudsley or within community clinics. We also have a 4 month post in Dermatology that is popular. The Programme Directors (Becky, and Mark) have good links with hospital consultants and the Director for Medical Education (Dr TJ Lasoye).

## GP, GP Plus & ITP Posts

As we have relationships with many local practices you will always get to experience 2 different placements in GP surgeries as a trainee –both for 12 months. In your first year in primary care you will spend  $\frac{1}{4}$  of your year in an innovative post – our posts include public health, training hub, palliative care, @home team; DM, GUM, Headache, Drugs/Alcohol. and Adolescent Health. Our trainers for Kings attend regular trainer's workshops and get to attend an annual residential alongside other South London trainers from the Lewisham and GSTT

## Half Day Release

Our VTS meets during term time on **Thursday afternoons** in at the Weston Education Centre at KCH from 2-5.

The structure of our afternoons is usually a teaching session from 2-3, followed by a hot topic, some time for tea and then an hour in a smaller Balint style group (facilitated by a programme Director). Teaching is arranged based on the RCGP curriculum and is arranged by our trainees

to ensure it is relevant. It is usually a mix of invited speakers and peer-based teaching. We love it when our alumnae return to give us a talk - which has happened twice recently 'Tech in primary care' and a contraception update. We mix our year groups up so you get to mix with all trainees on the scheme and can keep links with those in primary care during your hospital placements.



## Your VTS

The Kings VTS trainees have an excellent success rate at both AKT and RCA..

There are reps roles available every year (LMC; RCGP; London GP training committee; Training Hub) and we have social reps who organise a Christmas dinner complete with secret Santa – it's your VTS and we encourage you to get involved. We have run a residential every September allowing us to spend time as a whole scheme, planning educational sessions for the year and forming supportive relationships. We also have an away day at the end of each term – recent days have included themes such as celebration, access/newer models of care; an experiential day of therapy (art, exercise, drama, singing); leadership and the patient narrative.

### Considering applying for shortened training with our scheme?

If you are applying for shortened training by either the 'accreditation of transferable competency framework' or combined training – please note it will be your last 4-6/12 post in ST2 that is removed if your request is approved at your ARCP the February after you start our scheme. It is worth bearing this in mind when you rank your posts. Good luck!

### What our trainees have to say

*"Personally I think Kings is a really excellent VTS scheme The jobs we get are aimed specifically for GP trainees and working in the kings area is good, as it has a very diverse and young population. Full of pathology! We get really good, weekly, high quality teaching which is focused on our learning needs and we are extremely well supported by excellent and passionate PDs. Kings VTS team is friendly, fun, hard working and supportive".*

FP ST2

*"The engaged, proactive Programme Directors promote a holistic approach to GP training. The scheme looks beyond 'just the medicine'. Working in a tertiary level hospital in London with a huge variety in patient demographics, morbidity, health expectations with a friendly atmosphere, despite being in a vast hospital. Trainees feel well supported and listened to, with strong advocates. Trainees are encouraged to pursue areas of interest, and given the time to do so. I would definitely recommend the scheme!"*

JM ST1

*"Kings VTS feels like an extended family. There are lots of educational opportunities and support needed for trainees who may have difficulty. It's certainly more friendly than other schemes and we are very supported to attend our teaching. The curriculum is wide and you can tailor your experience dependent on your interests-by pursuing new skills like minor ops or further qualifications such as DSFRH. You are surrounded by similar people and will make lasting friendships". CF ST3*

Please contact our scheme administrator on [kch-tr.gpvts@nhs.net](mailto:kch-tr.gpvts@nhs.net) for more details

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