

Interview Preparation

The table below highlights some of the common concerns many feel about the process and signposts you to where you can get further help.

Question	Further help
<ul style="list-style-type: none"> I worry that I don't know enough about the specialty to be able to answer the questions 	<ul style="list-style-type: none"> Go back to career exploration and try to find case studies on the health careers website; Arrange Tasters, speak to trainees already doing that specialty; speak to consultants in that specialty who may be able to give some insight into the career in the longer term. You will not be expected to know every detail.
<ul style="list-style-type: none"> I worry about not being able to promote my strengths for this job 	<ul style="list-style-type: none"> Take a look at the exercise '7 Things' which is designed to help you identify the things that you wish the panel to remember about you and your suitability for the specialty
<ul style="list-style-type: none"> I worry about not having a logical structure to answer my questions 	<ul style="list-style-type: none"> Take a look at the exercise on using mnemonics to help you structure your answers. Try using the mnemonics on the practice questions provided at the end of the workbook
<ul style="list-style-type: none"> I worry about not being able to make myself understood 	<ul style="list-style-type: none"> Take a look at the exercise on 'Buzz Words' which helps you think about the language you could use to respond to competency based questions. The exercise directs you to give more detail to promote your communication and other relevant skills – indicating how your action impacted on the behaviour of others.
<ul style="list-style-type: none"> I worry about getting nervous on the day 	<ul style="list-style-type: none"> make sure that you have planned for the day and follow the guidelines in the e-module ask a friend to ask you some practice questions to try and build up your confidence. You may also find You Tube links on body language