**Assessing skills and strengths needed for a clinical academic research role**

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| **Research skills** | **Rate yourself from 5 to 1,**  **5 being excellent, 1 being poor** | **Give examples of when you have used these skills** |
| • Scientific methods |  |  |
| • Statistics |  |  |
| • Handling data |  |  |
| • Critical appraisal of research publication |  |  |
| • Grant writing |  |  |
| • Formulate research questions |  |  |
| • Project management skills |  |  |
| • Leadership skills |  |  |
| \*Mentoring skills |  |  |
| \*Research Governance |  |  |
| **Soft Skills** |  |  |
| \*Self-motivated |  |  |
| \*Self-reliant |  |  |
| \*Enthusiastic |  |  |
| \*Patient |  |  |

What conclusions are you drawing about an academic research career for you?

What gaps would you need to address?

How do you feel about about an academic career?